

# **Naeemah Johnson, MSW, MHP, EMHS, CMHS, LICSW**

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## **PHILOSOPHY OF SOCIAL WORK**

The primary purpose of social workers is to provide an environment in which individuals feel empowered to change the quality of their lives, improve communications, and create healthy relationships. In addition, social workers is to ensure clients feel heard, respected, and validated, in turn, offer supportive, constructive feedback to help them gain greater insight and understanding.

## **AREAS OF PRACTICE**

- Family, Group, and Individual Therapy
- Mentoring/Recruitment of Mentors
- Program Development/Organization Leadership/Agency Oversight, Grant Writing, Fund Development
- Crisis and Suicide Intervention
- Grant Writing
- Advocacy, Housing, Consultation for Social security Applicants
- Supervision/Management/Contract Monitoring and Compliance
- Budgets
- Crisis and Suicide Intervention
- Substance Abuse, Mental Health, and Developmental Disabilities
- Criminal Justice-Adult and Juvenile
- Teacher, Trainer, and Consultation
- Microsoft Office
- Case Management
- Cognitive Behavior Therapy, Trauma Focused Cognitive Behavior, and other evidenced based treatments (MST)
- Experience with accrediting bodies like JACHO, CARF, And COA

## **PROFILE**

- Nineteen Years Post-Masters Clinical Experience
- Experience In Substance Abuse Treatment And Psychiatric Medication
- Multi-systemic Family Therapy (MST) And MST Supervision
- Trauma Focused CBT/CBT
- Experienced In Crisis Intervention And Conflict Resolution
- Supervised Five Adult Outpatient Programs
- Experience In Case Consultation
- Public Speaking And Training Experience
- Program Development And Implementation
- Project Design
- Contract Management
- Grants And Budgets
- Organizational Leadership
- Excellent Written And Oral Communication Skills
- Excellent Rapport Building With Clients And Stakeholders

## CLINICAL EXPERIENCE

### Assessment

- Conducted clinical assessments for children, adults in various social services agencies and psychiatric hospitals
- Provided clinical assessments of clients from a wide range of cultural backgrounds and ages
- Interview clients individually, in families, or in groups, assessing their situations, capabilities, and problems, to determine what services are required to meet their needs
- Counsel individuals, groups, and families, regarding issues including mental health, poverty, unemployment, homelessness, substance abuse, physical abuse, rehabilitation, social adjustment, child care and medical care

### Clinical Case Management

- Provided short term counseling and made referrals where appropriate
- Provided clients with local resources to meet basic there needs
- Managed clients' clinical needs in various mental health settings

### Short Term Problem Solving

- Provided problem solving with clients to assess their needs for treatment and referrals, in a variety of social service agencies
- Provided short-term counseling assisting clients in problem solving and developing problem solving skills

## EMPLOYMENT HISTORY

2012 – present	<b>Therapist/Owner:</b> A Kid for Life: Des Moines, WA
2008 - present	<b>MST Supervisor/Mental Health Supervisor:</b> Therapeutic Health Services, Seattle, WA
2006 - 2008	<b>Part-time Faculty:</b> South Seattle Community College, Seattle, WA
2004 - 2007	<b>Child Mentor Coordinator:</b> Children's Home Society, Seattle, WA
2002 - 2003	<b>Child, Adult, and Family Therapist:</b> Westside Social Services, Phoenix, AZ
2002 - 2002	<b>Child and Adolescent Therapist:</b> Youth ETC, Phoenix, AZ
2000 - 2002	<b>Adult Services Director:</b> Development Centers, Detroit, MI
1999 - 2000	<b>Case Manager/Intake Therapist:</b> Forrest View Psychiatric Hospital, Grand Rapids, MI
1998 - 1999	<b>Assessor Treator:</b> Cornerstone, Grand Rapids, MI
1997 - 1999	<b>Contract Manger/Therapist/Case Manager,</b> Pathfinder Resources, Grand Rapids, MI
1996 - 1997	<b>ABC Coordinator (Alternative Behavior Consequences),</b> Arbor Circle, Grand Rapids, MI
1995 - 1996	<b>Therapist Intern:</b> Family Outreach Center, Grand Rapids, MI
1993 - 1996	<b>Group Home Supervisor/Financial Liaison,</b> Grand Rapids, MI

## EDUCATION

**Doctorate in Social Worker,** Capella University, 2010 to present  
**Masters in Social Work,** Grand Valley State University, 1996  
**Bachelor of Science in Rehabilitation Education,** Pennsylvania State University 1990  
**Substance Abuse Certificate,** Pennsylvania State University, 1990

## **INTERESTS**

Computers, Web Page Design, Research, Music, and Quilting